



# Guyra Gazette

Wednesday June 10, 2020

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www.guyragazette.com.au

## Queen's Birthday Honour for Aileen

Guyra's Aileen MacDonald was among 933 Australians named on the Queen's Birthday 2020 Honours List, which was announced by the Governor-General on Sunday evening. She receives the Medal of the Order of Australia (OAM), for service to the Guyra community.

Aileen said that she has mixed emotions about the honour and is humbled, surprised, and excited at the same time. She said it has taken a while to get her head around it because she always thought that this type of award was 'something other people get'.

Aileen has a long track record of community service which began when she first moved to Guyra in 1989 with husband Scot to run their newly acquired business Guyra Rural Services.

"When we first moved to Guyra I didn't know a soul and I got involved with the preschool as a way of getting to know people," Aileen said. "I soon found that you can't just turn up, and if you want things to change you have to get involved, which I did.

"I was proud to be actively involved by serving on the management committee in a number of different roles and even back then we were always looking for funding and wanting a purpose-built preschool for Guyra," she said. "I was ecstatic to see only a couple of weeks ago that Guyra will finally get a stand-alone centre which was really the icing on the cake and a tribute to a lot of people over the years getting together and persevering."



Aileen MacDonald OAM

Aileen moved on to become involved in the P & F at St Marys and later became active in Rotary serving as President of the Guyra Club and also taking on the District 9650 Secretary's position. She remains an active member of the Chamber of Commerce, having served in multiple

positions and working as part of a team to push for upgrades such as the Malpas Dam Pipeline and CBD Upgrade.

"Once again seeing the pipeline completed is the icing on the cake for all those who have worked to see things happen for our town," she said. "These things don't just happen, often it takes years and lots of knocking on doors and letter writing to make them a reality."

Further afield she is actively involved in the Liberal Party of Australia and is currently the Country and Regional Vice-President of the NSW Liberal Party, where she sees her role as making sure the country voice and rural concerns are heard. She also served as Chair of the Regional Growth Advisory Committee for Armidale Regional Council from 2016 to 2017, and currently chairs the Renew Armidale Committee.

Despite juggling so many different roles she has recently added the CWA to the organisations she is actively involved in. In 2019 she was named as Guyra's Citizen of the Year, and can now add OAM to her name.

"I have only done this with the support of so many other people and also the support of my husband Scot, - I couldn't do what I do without his support."

Anyone can nominate any Australian for an award in the Order of Australia. If you know someone worthy, nominate them now at [www.gg.gov.au](http://www.gg.gov.au).

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Authorised by the Australian Government, Canberra



# Warning following house fire

Fire and Rescue NSW have issued a warning to make cold weather preparations after a house in Falconer St, South Guyra was damaged by fire on Wednesday.

The Guyra Fire Brigade responded to a call that came in at 9.14 pm on the evening of Wednesday, June 3rd, after reports that a house was on fire.

They arrived on the scene at around 9.25 pm and found the front room of the single-level house was on fire. On arrival the Guyra firefighters quickly began pumping and the fire was brought under control quickly. A second unit from Armidale which was called to assist was not required. The Guyra Rural Fire Brigade attended and assisted with traffic control.

The brigade reported that the position was in hand by 9.36 pm with the fire completely extinguished. The fire was not deemed to be suspicious and is believed to have started in a lounge chair. The fire was con-



Fire damaged this Falconer street residence last week

tained to the room of origin with extensive damage to the chair and damage to the ceiling.

New England Zone Commander for Fire and Rescue NSW Superintendent Tom Cooper said that now that the weather is getting colder, firefighters are asking residents to be mindful about home fire safety.

“Everyone should take time to

think about fire safety and there are some simple steps that everyone can take to make their home safer,” Supt Cooper said. “Every house needs to have a working smoke alarm and it needs to be tested regularly.”

“At this time of year it is especially important to take care when using heating appliances and open fires, and you need to make sure that anything com-

bustible should be kept one metre from heat source.”

If people need further information in regard to fire safety they can contact the Guyra brigade for advice. The NSW Fire Service website can also help and you will find a detailed winter safety checklist online at [www.fire.nsw.gov.au](http://www.fire.nsw.gov.au)

## Police investigate thefts

Guyra Police are investigating a number of thefts that have recently occurred in town. Between the 28th of May, and the 4th June, the Guyra Tennis Club Clubhouse in Dutton Parade was broken into, but nothing stolen.

On Sunday the 30th May, between 6.00pm and 9.30pm, two chainsaws were stolen from a vehicle which was parked in Tenterden Street, Guyra.

On the night of 30th May, a business in Falconer Street, Guyra was broken into and a number of chainsaws and chainsaw related equipment was stolen. Also stolen was an amount of cash, power tools and football jumpers belonging to the Guyra Junior Rugby League Club.

Also, on the same night the Guyra Rugby League club house, located at the sporting complex on the highway was broken into and a large amount of food and alcohol stolen.

NSW Police forensic Police

have attended each location conducted an examination. It is suspected that the people responsible for these crimes had the use of a motor vehicle. Given the small size of the Community, it is very likely that people have information that would assist Police. These crimes not only impact upon the people involved, but also the wider Community, its reputation and sense of Community safety. Police are seeking assistance from the within the Community in reporting any suspicious activities of people or vehicles, especially late at night.

There has been talk around town of other thefts which have occurred in south Guyra, but these do not appear to have been reported to Police. It's vitally important to report crime of this nature, to ensure Police have an accurate picture of what is occurring in town. It is with this information that Police resources are allocated and tasked.

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**NATIONALS FEDERAL MEMBER FOR NEW ENGLAND**

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for  
Guyra



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**Web:** [barnabyjoyce.com.au](http://barnabyjoyce.com.au) **Facebook:** [BarnabyJoyceMP](https://www.facebook.com/BarnabyJoyceMP)

Authorised by Barnaby Joyce MP, National Party of Australia, 17/454-456 Peel Street, Tamworth NSW 2340.

Long weekend getaways

Some light starting to show at the end of the tunnel for sport - we hope to see more in the coming weeks

The Winter Solstice is 11 days away and then the days will start to get longer

Motorbikes rides on the weekend



Saturday morning markets at the Australian Poetry Hall of Fame

## What's **NOT**

No Guyra crossword this week - suggestion for clues to news@gala.org.au

Waiting for news

## QUOTE of the week

**EXPECT the best. PREPARE for the worst. CAPITALISE on what comes**

## Bureau of Meteorology Weather

### WATCH

Guyra MPS

Date	Day	Min	Max	Rain
2	Tues	-1.2	5.3	5.0
3	Wed	-2.7	11.8	0
4	Thurs	-1.0	9.3	0
5	Fri	-0.6	13.0	0
6	Sat	0.4	13.6	0
7	Sun	1.1	12.1	0
8	Mon	1.1	11.7	1.6

Rain this week	6.6mm
June rainfall	6.6mm
Rainfall YTD	478.4mm
Rainfall last YTD	182.4mm
Ave. rain to June	454mm

Information supplied by Jeff Martin, Observer for Bureau of Meteorology

Things are moving along at the Australian Poetry Hall of Fame with a program of events, including weekly markets, now underway.

The first market for local produce and crafts took place on the weekend, and was well supported bringing increased foot traffic to the southern end of the CBD. More stallholders are expected next week.

The markets will continue to be held on Saturday mornings from 8am until 12pm. The intention for this market is to provide a space for local farmers, produce and home-

made craft. For stall holders the cost is \$5 per table or \$10 if you bring your own table. There will also be music and poetry readings throughout the morning.

Other regular events happening include poetry readings every Wednesday evening starting at 6.30pm, and a jam night for musicians every Thursday. The third Sunday of every month has been set aside for songwriters to get together to play music and original songs - bring your songs, voices, instruments and percussion to join in or just to

sit, relax and have a listen.

On Tuesday the 16th of June auditions will take place for a theatre production ready for the Grand Opening on September 20th, and any locals that want to join in are welcome.

Pending the arrival of a projector and screen there are also plans to start a film club showing films on the last Saturday of each month.

If you want to know more about what is happening call in and talk to James or check out (and follow) the Australian Poetry Hall of Fame on facebook

## Have Your Say.....

### Hello Guyra Community

Thank you for your good wishes and support over the weekend with the announcement of the Queen's Birthday Honours and the awarding of an OAM. It is such an honour to have first been nominated and to receive the award.

I am humbled by the recognition and wanted by way of the Gazette thanks to Guyra, my friends, the Members of

the Rotary Club of Guyra, The Members and Executive of Guyra and District Chamber of Commerce, members of the CWA of Guyra Evening Branch, but most of all my husband, Scot, my children, Alex, James and Nicola and of course my parents, Graham and Pat. Without you none of this could have happened and I am very much indebted to the Guyra community for all your support, encouragement and friend-

ship.

The award means a great deal and is very much a team effort - Go Guyra, you made this happen. Thank you.

*Aileen MacDonald*

## HAVE YOUR SAY

Email: news@gala.org.au

Mail: PO Box 170

Fax: (02)80039206





## Guyra Library reopens

Armidale Regional Library opened its doors to the public this month following the easing of COVID-19 restrictions.

Opening hours will be restricted during this transition phase to ensure the safety of customers and staff.

Members and visitors can visit the Guyra library from Monday to Friday between 10.30am to 12.30pm and 2pm to 4pm. The library is closed on Saturdays.

The returns bin is open Saturdays through to Tuesdays.

A maximum of 10 people is permitted inside the library at any one time.

Online services are still available at [www.armidaleregional.nsw.gov.au/libraries](http://www.armidaleregional.nsw.gov.au/libraries).

## Federal Government funding boost for hydrotherapy complex

Federal Member for New England Barnaby Joyce has announced Armidale Regional Council will receive a \$2.316 million funding boost from the Federal Government to help construct a new hydrotherapy pool and regional health complex.

This grant will supplement an existing grant of \$1.1 million, which was awarded by the NSW State Government last year. The additional funding will be combined with these funds to enable construction of a state-of-the-art, energy efficient and economically sustainable facility, to be utilised by New England residents and visitors.



## Progression for Guyra main street upgrade

The upgrade of Guyra main street is progressing with new timber seating installed along the walkways.

In order to complete the remediation of the removed fuel tanks, complementary investigations on the underground water and soil are in progress. The groundwater monitoring wells have been installed and soil samples have been taken during the wells installation and laboratory analysis has started. A final report is expected at the end of July 2020.

The existing street stall will be replaced with a new one. The new stall, currently in fabrication, is expected to be installed in approximately eight weeks time.



## COUNCIL MEETINGS

An Extraordinary Council Meeting will be held on Friday 12 June 2020 at 10am. The meeting will include items for decision - Integrated Planning and Reporting 2020 -2021. Members of the public are welcome to watch the online meeting via Council's YouTube channel.

## E-NEWS

Want to know what's going on?

Join over 4000 of your fellow community members and subscribe to our e-newsletter!

Visit our website to subscribe and keep up to date with all

## Public Notices

Be in the know and stay informed of public notices, announcements and advertisements, including development proposals, public exhibitions, tenders, quotations, expressions of interests and more on Council's website.

Look for the public notices section on the homepage.

## Stay connected

Armidale Regional Council is on Facebook - the page is named 'Armidale Regional Council'.



on Twitter 'ArmidaleRegional LGA' or '@ARC2350'.



and on Instagram 'armidaleregionalcouncil'



## PUBLIC NOTICE - Wednesday 10 June 2020

Authorised by the CEO Susan Law Armidale Regional Council  
PO Box 75A, 135 Rusden Street, Armidale NSW 2350. Ph: 1300 136 833  
Fax: 6772 9275. Email: [council@armidale.nsw.gov.au](mailto:council@armidale.nsw.gov.au)

# Funding boost for hydrotherapy pool complex

Armidale Regional Council will receive a \$2.316 million funding boost from the Federal Government to help construct a new hydrotherapy pool and regional health complex, Federal Member for New England, Barnaby Joyce, announced today.

This grant will supplement an existing grant of \$1.1 million, which was awarded by the NSW State Government last year. The additional funding will be combined with these funds to enable construction of a state-of-the-art, energy efficient and economically sustainable facility, to be utilised by New England residents and visitors.

Federal Member for New England, Barnaby Joyce said the funding is to assist with vital and social infrastructure for the New England region.



Cr Peter Bailey, Cr Simon Murray and Cr Diane Gray with Member for New England Barnaby Joyce

“This is something Council has been fighting for, for a long time and it’s great to work hand-in-glove with Council to bring about this vital piece of infrastructure.”

“Our current facility is inoperable and the funding will assist in the construc-

tion of a new facility that compliments the new medical facilities for our community,” Mr Joyce said.

Armidale Regional Councillor Peter Bailey said this is probably one of the most significant announcements for our community.

“It builds on the \$1.1 mil-

lion the State Government has already provided and now we can build a purpose-built hydrotherapy pool with potential for additional features such as a therapeutic gym, a coffee shop and health consulting rooms,” Councillor Bailey said.

It is proposed that the new complex will be situated at Monckton Aquatic Centre, and will offer year-round therapeutic health, sports injury treatment, learn to swim, fitness and post-operative recovery programs for approximately 60,000 users per annum.

In addition to significant health and social benefits, the centre is being constructed to provide a commercially sustainable precinct for the benefit of current and future generations of residents and visitors alike.

## COVID-19 grants extended

The State Government’s COVID-19 small business support program, which provides grants of up to \$10,000 for business significantly impacted by the pandemic, have been extended.

Local businesses now have until the end of the month to access the program, which has already provided \$2,050,524 in cash payments to 206 small businesses across the region.

Member for Northern Tablelands Adam Marshall said that the Small Business Support Fund has been a life-line for many operators, with grants of up to \$10,000 provided to cover unavoidable expenses like utilities, rates and supplier costs.

“I’m really pleased this fund has had such a high take-up so far and urge business owners who haven’t applied yet to contact Service

NSW to access this support before 30 June,” Mr Marshall said.

Under the program’s guidelines, businesses must have experienced at least 75% decline in turnover compared to the same two-week period in 2019 due to COVID-19.

However, special consideration is being given to businesses which were already experiencing a downturn from the drought, which is why so many locals had already been able to access the grants.

The criteria for the Small Business Support Fund grants and online application form is available at [www.service.nsw.gov.au/transaction/apply-small-business-covid-19-support-grant](http://www.service.nsw.gov.au/transaction/apply-small-business-covid-19-support-grant)

Applications must be received by 11.59pm on 30 June.

## Councillor Gray calls it quits

Cr Diane Gray last week tendered her resignation from Armidale Regional Council, and has taken aim at fellow councillors. Her resignation followed an extraordinary meeting of council which welcomed the appointment of an administrator, but fell short in her expectations of accepting responsibility.

She indicated that she was disappointed in some of her council colleagues, who she believes are refusing to take their fair share of responsibility for the council having lost its way.

An amendment saw the removal of a clause acknowledging that council had the respect of the community, which Cr. Gray described as ‘arrogant, superficial, and lacking humility’.

On accepting her resignation, ARC Mayor Simon Mur-



ray acknowledged Cr Gray’s leadership and dedication to the region, as well as her tenacity and empathy.

“She is a very regionally focussed lady and I will miss her and her input into council very much,” Cr Murray said.

“I wish her all the best in the future and hopes she thinks about running again in the future.”



# 'In this together' planting trees at Little Llangothlin

In keeping with the National Reconciliation Week 2020 theme "In This Together", GLENRAC and Northern Tablelands Local Land Services staff were privileged to work on country with Banbai rangers and elders at Little Llangothlin Nature Reserve to plant seedlings.

The project is part of the revegetation of the New England Peppermint community at the RAMSAR wetland site.

Banbai Ranger Supervisor, Tremane Patterson said that working in collaboration with GLENRAC, Local Land Services and NSW National Parks and Wildlife Service to improve country and share culture is very important.

"I'm glad we had the opportunity to offer our support," Tremane said. "Little Llangothlin Nature Reserve is rich in Aboriginal cultural heritage and provided a wonderful opportunity for us all to connect to country."

"It's great working on Banbai country, and helping it come back to a more natural state for future generations," said Merve Torrens, Banbai Ranger.

This project is jointly funded through Northern Tablelands Local Land Services and the Australian Government's National Landcare Program, and delivered in partnership with National Parks and Wildlife Services.



Banbai Ranger Merve Torrens

# Range upgrade in the sights of Sporting Shooters

Members of the Guyra branch of the Sporting Shooters' Association of Australia (SSAA) will shortly have improved access to their range, thanks to a \$7,700 State Government grant to construct new paths and repair the firing point structure.

Northern Tablelands MP Adam Marshall announced the funding last week and said the project has three components which would help ensure people with a disability or mobility issues could still participate in their sport.

"No matter your age or level of ability, shooting really is one of those sports which anyone can participate in," Mr Marshall said.

"There are 1,151 licenced shooters in the Northern Tablelands who will benefit from these works, which include a new disabled access



Guyra Sporting Shooters' Association of Australia Branch member John Davis, left, with Northern Tablelands MP Adam Marshall at the club's range.

path built leading to the range, repairs made to the existing firing point structure and a new concrete floor installed at the firing line.

"Shooting is an all-inclusive sport which has a wide appeal and I hope by making these much-needed improvements to the range the asso-

ciation might see more shooters from the Guyra and Armidale areas join its ranks."

Guyra SSAA member John Davis said the branch had its sights on these works for some time but needed some financial assistance to get them going.

"While our branch is made up of shooters of all ages we do have a large number of older members, which is why it's important we have smooth access to the range and firing area," Mr Davis said.

"Though we are a little off the beaten track, the Guyra branch does have a quality range and I hope by making these improvements we might be considered as a potential venue for future regional shooting events.

"Delivering this project will be a joint effort with both local contractors and branch volunteers rolling up their sleeves and I expect the project will be completed within six months.

"On behalf of our members I would like to thank Adam for his support and look forward to his future association with our organisation."



# Gazette's Celebrity Footy Tipping



No doubt some of you would have been a tad confused with the footy tipping page in last week's Gazette. A lapse in attention resulted in the previous week's page being run again. Our apologies.

Soley had another excellent week, scoring 12 points to catch up with B&L to be joint leaders on 43 points.

Next is actually the Gazette who cheerfully admits to knowing nothing about football.

Sue is only 2 points behind on 37, followed by Vu and Ben, also separated by just 2 points.

Sarbear and Jy were the top scorers in our Locals with 10 points, bringing Sarbear into 2nd place along with GG, Bulldog and the Terrible Twosome.

Eel-be-Right did alright to regain top spot on the Leaderboard sharing with Chris on 43 points. With a score of 10 points is Jy returning to his former form?

## Sue's Tips

- Sea Eagles
- Cowboys
- Eels
- Rabbits
- Storm
- Raiders
- Roosters
- Sharks



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**Score: 37**

## Soley's Tips

- Sea Eagles
- Warriors
- Eels
- Rabbits
- Storm
- Raiders
- Roosters
- Sharks



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**Score: 43**

## B-&-L's Tips

- Broncos
- Cowboys
- Panthers
- Rabbits
- Storm
- Raiders
- Roosters
- Dragons



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87-89 Bradley Street  
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**Score: 43**

## Ben's Tips

- Sea Eagles
- Warriors
- Eels
- Rabbits
- Knights
- Raiders
- Roosters
- Sharks



### This week's specials

Pork Shoulder Roast  
**\$6 kg**  
Hass Avocados - **\$1.80** ea  
Cold Power powder or  
liquid 1.8-2L - **\$8.75** ea  
94 Bradley Street, Guyra  
6779 1555



**Score: 33**

## Gazette's Tips

- Sea Eagles
- Warriors
- Eels
- Rabbits
- Storm
- Raiders
- Roosters
- Sharks



## Guyra Gazette

Published weekly

Your local newspaper

Contact us on:

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6779 2132

**Score: 39**

## Vu's Tips

- Sea Eagles
- Warriors
- Eels
- Rabbits
- Storm
- Raiders
- Roosters
- Sharks



### Guyra Pharmacy

**NOW OPEN**  
at 8.00am - 5.30pm  
Monday - Friday  
9.00am - 12.00noon  
Saturday

106 Bradley Street, Guyra 6779 1192

Pharmacist Advice



**Score: 35**



## Gazette Footy Tipping

Chris Morley	43	The 3 Bunnies	35
Eel-be-Right	43	Elva Brazier	35
GG	41	Red Devils	33
Bulldog	41	The Red V	33
Terrible Twosome	41	Rock 3	33
Sarbear	41	WKAD	29
From the Desk	39	Famous Five	27
Hazel	39	Old Chook	27
Jy Starr	37	Dason	21
Nightwatchman	35		

## Locals Entry Form - Round 6

Tips must be submitted by 4.00pm on Wednesday, 17<sup>th</sup> June

Name: .....

Phone: .....

Knights	vs	Broncos
Rabbits	vs	Warriors
Panthers	vs	Storm
Titans	vs	Dragons
Tigers	vs	Cowboys
Roosters	vs	Eels
Raiders	vs	Sea Eagles
Sharks	vs	Bulldogs



# Looking Back June 4, 2009

• Guyra Shire Council and Hunter New England Health announced that Dr Jey would take-over from Dr Danke as the town's general practitioner.

• Jim Betts was installed for a second term as President of the Guyra Lions Club

• Guyra Central School celebrated Education Week - Eliza White won the Guyra Gift. The school farewelled office staff Jo Lane and Jane McCowen and welcomed Kerry McFarlane to the team.

• The Super Spuds were on top of the table after a win over the Armidale Rams 34-24

• The Guyra Ghosts lost against Armidale 27-12 in first grade, but won the reserve grade game 19-10. The games were played against a large home crowd.

• In Soccer the First and second grade Caspers sides played against each other with the firsts winning 1-0

• The old wooden fence around the top field at the recreation ground was removed in preparation for the new fence to be installed

• Guyra CWA raised \$862.90 at their 'Biggest Morning Tea' for the Cancer Council

# Jokes of the Week

• What do sprinters eat before a race? Nothing. They fast.

• What do you call a fly without wings? A walk!

• What happens when you witness a ship wreck? You let it sink in.

• How can you find Will Smith in the snow? Follow the fresh prints.

• What does a clock do when it's hungry? It goes back four seconds.

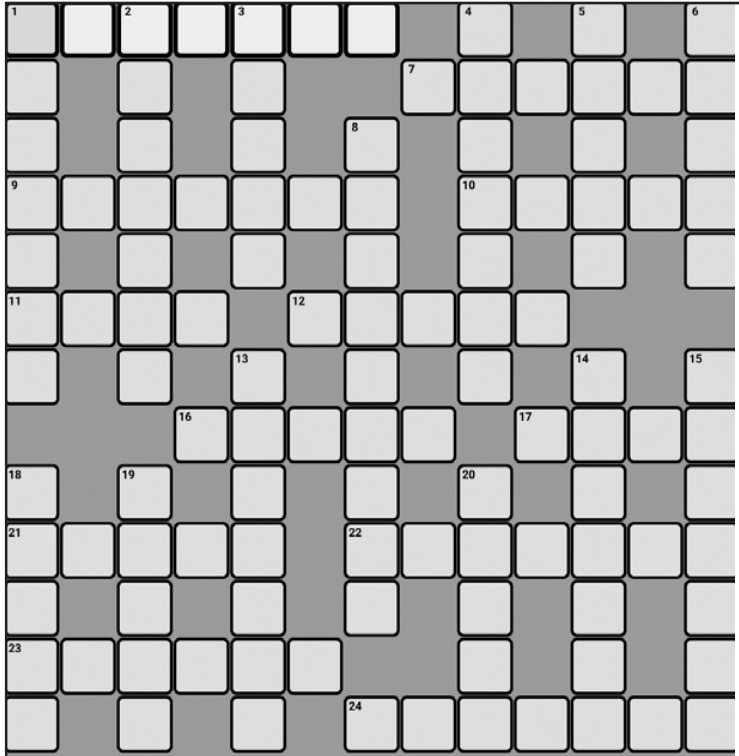
• What's the easiest way to make a glow worm happy? Cut off its tail—it'll be delighted!

• Why did Adele cross the road? To say hello from the other side!

• What's the best way to carve wood? Whittle by whittle.

• What do you call a belt made of watches? A waist of time!

• What's the difference between a piano and a fish? You can tune a piano, but you can't tuna fish.



## CROSSWORD CLUES

### Across

- 1. Person who counts something
- 7. Be in charge of (a business)
- 9. Person under instruction
- 10. Singing voice
- 11. Brewing ingredient derived from grain
- 12. Tired, exhausted
- 16. Not at all
- 17. Sticky stuff
- 21. Permit
- 22. Syndicate formed to restrict competition
- 24. Pleasant smelling scent

### Down

- 1. Theatrical clothes
- 2. On a normal basis

- 3. The main woody stem of a tree as distinct from its branches and roots
- 4. Manufacturing plant
- 5. Sweat room
- 6. Cheerful and lively
- 8. The action of mentioning something
- 13. In the space of separating two objects
- 14. Area of high level ground
- 15. Outdoor area adjoining a residence
- 18. Not plain; decorative or ornamented
- 19. Blinding light from the sun
- 20. Formal arrangement of things

## SUDOKU - Medium

	5		8			4		
1		8						5
	7		5		4	2	9	
			2					
8	3	1				7	2	4
					1			
	1	2	7		5		4	
5						1		9
		4			8		6	



## WORDSEARCH - Food

O C S T R A W S  
 L O S U E T N D  
 E C G R U B I U  
 M O E L O A F P  
 O N N E L E F S  
 P U O M S P U T  
 I T O A S I M U  
 D N D Y T A N N  
 D F L O U R G A  
 E J E L L Y S E  
 F M S S B I R P

- ALMOND
- ANISE
- COCONUT
- DIP
- FED
- FLOUR
- GRUB
- JELLY
- LOAF
- MUFFIN
- NOODLES
- OLEO
- PEA
- PEANUT
- POMELO
- RIBS
- SAGE
- SPUDS
- STRAW
- SUET
- YAM



# Classifieds Trades & Services

## MEALS ON WHEELS

11 June	Joyce Betts
12 June	Golf Club Ladies
15 June	Guyra Lions Club
16 June	Pamela Carter
17 June	Ann Hulbert
18 June	Lesley Credland
19 June	Ann Williams
22 June	New England Mutual Staff

## CHURCH SERVICES

### St. Mary of the Angels Catholic Church - Guyra:

Mass 6pm Saturday  
Contact: 6779 1667

### St. Columba's Presbyterian Church:

9am Sunday followed by morning tea

### The Chapel

Recommencing services on Sunday, 14th June at 10am

## FIREWOOD

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## CROSSWORD SOLUTIONS

### Guyra Crossword 3-6-2020

**Across:** 2. Whisper, 7. Cave, 8. Minnie, 10. Campdraft, 13. Chronicle, 14. Guyra GP, 16. Roundabout, 17. Welding  
**Down:** 1. Saleyards, 3. Irving, 4. Emporium, 5. Bundy, 6. Highland, 7. Crystal Trout, 9. Gaukroger, 11. Bikes, 12. Newbury, 15. Range

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## WHERE'S GAZZA

Find **Gazza!** Our friendly cockatoo appears three times. There are no prizes just put your detective hats on and enjoy the hunt.



## DEATH NOTICE

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## PUBLIC NOTICES

**GUYRA VINNIES CONFERENCE,** Care & Support have a new mobile number for clients to contact us.

Mobile; 0467 591 020

Shop number; 6779 2133.

email: [guyraconf@vinnies.org.au](mailto:guyraconf@vinnies.org.au)

We are open each Wednesday only, from 2pm to 4 pm. Clients can ring or email or drop in on Wednesdays.

**JIGSAW PUZZLE EXCHANGE** now operating at Burgess Garage. Bring in your puzzles to exchange for new ones.

**GUYRA HISTORICAL MUSEUM** will be CLOSED until further notice. Enquiries: 6779 2132.

## CLAIM THE DATE

**SUNDAY, 8th NOVEMBER:** Guyra Cup (note postponement from 19<sup>th</sup> April).

## CLAIM THE DATE

For your event or function

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# 'Why you need Indoor plants in your life'

If you're not the type to head out into the garden at this time of year, why not bring the outdoors in and create a plant paradise in your home. I have a room at home called 'The Green House' and it is filled to the brim with indoor plants. I work in this space and with greenery surrounding me, my spirits are always lifted.

Science has in fact proven that indoor plants boost mood, productivity, concentration and creativity. They can reduce stress, fatigue, sore throats and colds. And when we get in touch with nature, we reduce our mental fatigue and stress, and relax more. Even brief exposure to nature has been shown to make us more altruistic and cooperative. And as far as the environment goes, indoor plants clean indoor air by absorbing toxins, increasing humidity and producing oxygen.

We often associate indoor plants with coastal homes and tropical climates but I can assure you there's an indoor plant for you!

And for those who think they have a brown, not green thumb, think again, it's really just a matter of choosing the right plant, buying good quality potting mix, finding a well-lit space that's not too bright and knowing how often to water.

So what to choose? If you're new to indoor plants I'd steer clear of the Maidenhair Fern, it can be very temperamen-



Indoor plants have been proven to lift moods

tal, in fact I'd go as far as saying if you look at it the wrong way it may die!

Some of my favourites include: Boston Fern, an absolute winner, you cannot kill this one, it's quick growing and has great foliage, Peace Lily, the most well-known of indoor plants, Birds Nest Fern, Philodendrons, the Golden Cane Palm, Devils Ivy for draping, Fiddle Leaf Fig and Zanzibar Gem. The latter two have stunning large dark green foliage, but be careful not to overwater, you can literally kill them with kindness.

Tips on keeping your plants alive:

- Water once a week with a deep watering. If the leaves are dropping or are floppy, or droopy, this is a strong indicator the plant needs hydration. Another good way to tell is to stick your finger into the soil and if the first few centimetres are dry, give it a good drink.

- Allow water to drain from pots and don't let pots sit in water

- When plants get too big for their pot, re-plant into a bigger pot with new potting mix

- Prune dead leaves, keep leaves dust free
- Season regularly to provide the plant with nutrients
- Rotate the pot for even growth, as the plant will grow towards the light

If your pot plant is repelling water or it is pooling on the surface, then your soil may be hydrophobic, which means it has completely dried out and has no air left in the soil and your plant will slowly die. Don't panic, just place your pot into a tub of water, immerse the entire pot, it will bubble for a while whilst the water soaks into the soil. Leave it for an hour or so and this will rehydrate the plant and then water with some seasoil solution.

On the other end of the spectrum, signs of over watering include brown spots on leaves, yellowing of leaves, or a mushy stem. If your plants are showing these signs, stop watering straight away until the top of the plant dries out. Check your drainage holes are not blocked if water logging keeps occurring.

But that's about all you need to know to have happy, healthy plants in your home. Not hard at all and that's why you need indoor plants in your life!

You'll find a great selection of them locally at The Black Mountain Nursery and The Woolly Lamb Café.

*Until next time,  
Happy Gardening!  
The 'Girl Who Gardens'*

## Ladies' Golf

Last week the ladies played in cool but pleasant weather after snow flurries earlier in the week.

They played a Par Medal Round with Wendy George the winner with a score of +3.

The runner up was Shona Mulligan and Pip White won the Nearest the Pin shots on

the 7th and 18th holes.

This week we are playing for Jenni Jackson's trophy and Jenni is the starter as well.

A committee meeting is to be held after golf this week.

Next week is a Stroke and Putting Competition along with a Golf NSW Medal round.

Belinda Lenehan is the trophy donor as well as the starter.

The first round of the May Mitchell Matchplay is to be played by the 18th June.

*Happy Golfing  
Birdie*

## Men's Golf

Last Sunday golf kicked off again with an 18 hole stableford and the June Monthly Mug. The winner with 36

points was Peter Jackson and the runner up with 35 points was Chris Newberry. Nearest to the pins were Mal Gaukroger on the 7th, Warren Mccowen on the 10th and Barry Simpson on the 18th.

Next Sunday will be an 18 hole par for a club trophy.

*The Albatross*

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## New indoor cricket training facility for Armidale

The Armidale Sportsground will soon boast its own indoor cricket training facility, thanks to a \$340,000 project being delivered by the Armidale Regional Sports Council in conjunction with the Armidale District Cricket Association (ADCA).

Armidale Regional Council's Sport and Recreation Development Officer Amy Biggs said work on the project, which has been a key priority for the Sports Council, is set to start by the end of the month.

"The indoor cricket training and multipurpose venue will be a major enhancement for the Armidale Sportsground, a will comprise a 36m x 15m colorbond building, providing four training lanes, with insulation and a full synthetic fit out," Ms Biggs said.

"With all sport on hold for the last few months due to COVID-19, construction of this facility will be welcome news for the sporting community, who I'm sure are looking forward to getting back on the pitch as soon as NSW Government Public Health Orders permit it," Ms Biggs said.

ADCA President Mike Porter said the facility is a much needed resource that will benefit younger players coming through in particular, by providing another aspect for their training.

"Our players find it difficult to train in the cold weather and this facility means we can train at all times of the year, regardless of weather," Mr Porter said.

"This is a huge win for cricketers in the region and I can't wait to see it come out of the ground."

Chair of the Armidale Regional Sports Council, Councillor Brad Widders, said the project will enhance the Armidale Sportsground as a regional facility for training and competitions and will be suitable for indoor training use by other sports such as netball and soccer.

A Development Application for stage one of the project, which includes earthworks, slab, and the main building construction, has been approved, and construction is planned to be completed by August 2020.

Stage two of the project includes internal fit out and the adjoined toilets/change rooms and office space and is subject to funding.

Council funding of \$95,000 was committed in the 2019/20 financial year via the Sports Council, ADCA has contributed \$20,000 and \$10,000 has been committed by the Easts Cricket Club.

ADCA has also sought and acquired significant grant funding, including \$80,000 from the Cricket Australia Infrastructure Fund and almost \$40,000 from the NSW ICC World T20 2020 Cricket Legacy Fund.

A further grant application has been made to the Building Better Regions Fund – Infrastructure Projects Stream – Round 4 – Drought Support.

"A mammoth effort has been put in by the Armidale District Cricket Association in order to get the project off the ground," Ms Biggs said.

"There is currently no indoor cricket training facility in the Armidale or broader Northern Tablelands region and this project will be a great asset for our local cricket community," Cr Widders said.

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